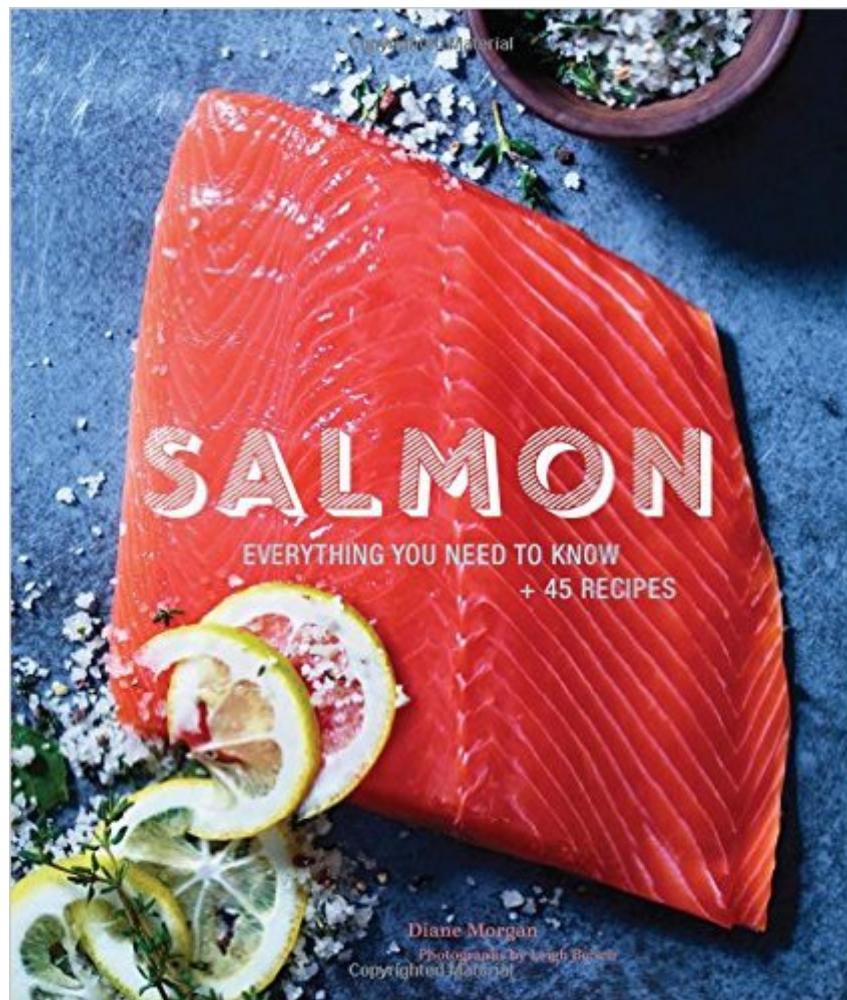


The book was found

# Salmon: Everything You Need To Know + 45 Recipes



## **Synopsis**

Salmon is the third-most consumed seafood in North America, not only for its exceptional flavor and versatility, but for its undeniable health benefits. Rich in Omega-3s, it's a rich protein source for those looking to eat healthier, consume less meat, or transitioning to a paleo or pescatarian diet. Salmon features 45 recipes showcasing the best ways to prepare this luscious, accessible fish. Acclaimed author Diane Morgan has crafted a go-to reference for home cooks who want to add more creative preparations of salmon to their repertoire. Recipes include all savory meal occasions—appetizers, dinner, pizza, brunch, and more—providing inspiration for healthy eaters and fish lovers alike.

## **Book Information**

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Best Sellers Rank: #53,479 in Books (See Top 100 in Books) #6 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Fish & Seafood

## **Customer Reviews**

Some of the recipes are quite interesting. Worth making and branching out to try recipes that one wouldn't normally think.

Great recipes and a great source of knowledge about Salmon! It can actually double as a coffee table book!David D.

Diane Morgan's second book on cooking salmon. I have and value the first book and this is a nice addition.

I enjoy the book and will use it.

Very complicated recipes, that I don't have time to make. I was looking for quick, easy dinner type recipes

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